JERSEY CITY

JERRAMIAH T. HEALY MAYOR



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FOR IMMEDIATE RELEASE

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During this Heat Wave, Chill Out and Have a Blast at any of Jersey City's Cooling Sites for Residents

JERSEY CITY – **Mayor Jerramiah T. Healy** and the **Jersey City Office of Emergency Management** (**OEM**) remind residents to take advantage of cooling sites throughout the city during this continued heat wave when temperatures are expected to be in the mid- to high-90 degrees Fahrenheit (90 °F).

All residents, especially the elderly, disabled people, pregnant women and children under the age of two are encouraged to stay indoors or take advantage of the facilities if necessary.

"We hope to keep all of our residents healthy and cool during this hot summer," said **Mayor Healy.** "It is not just the heat, but the humidity that can take its toll. We are hoping those Jersey City residents in need of air conditioning will take advantage of the cooling sites we have set up and conserve water wherever possible."

The following sites will be open to the Jersey City community at large, as well as seniors who don't have access to air conditioning. The locations and time schedule are as follows:

- Five Corners Library, 678 Newark Avenue
 - Hours: Monday, 12Noon-8 PM; Tuesday through Thursday, 10AM-6 PM; Friday, 9AM -5 PM; and Saturday 10AM- 2PM
- Jersey City Main Library, 472 Jersey Avenue
 - Hours: Monday Thursday, 9AM 8PM; Friday, 9AM 5 PM; and Saturday, 10AM 2PM
- Greenville Library, 1841 John F. Kennedy Boulevard
 - Hours: Monday, Wednesday, and Thursday 10AM-6 PM; Tuesday, 12Noon-8 PM; Friday, 9AM 5 PM; and Saturday, 10AM 2PM
- Glenn D. Cunningham Library, 275 Martin Luther King Drive
 - Hours: Monday, Tuesday, and Thursday 10AM-6 PM; Wednesday, 12Noon-8 PM; Friday, 9AM 5 PM; and Saturday, 10AM 2PM
- Miller Branch Library, 489 Bergen Avenue
 - Hours: Monday, Tuesday, and Thursday 10AM-6 PM; Wednesday, 12Noon-8 PM; Friday, 9AM 5 PM; and Saturday, 10AM 2PM
- The Heights Branch Library, 14 Zabriskie Avenue

Friday, 9AM -5 PM; and Saturday, 10AM – 2PM

Aside from these stations, residents are welcome to cool off from this summer heat by taking advantage of our **Water Sprinkler Systems** located in City parks, which are **turned on daily from 11 a.m. to 8 p.m.** (weather permitting) at the following locations:

Pershing Field	Wilkinson Avenue/Playground	LaPointe Park
Manhattan Ave. & Central Ave.	Wilkinson Ave. & MLK Drive	DeKalb Avenue
Audubon Park	Thomas McGovern Park	Venator Watson Park
Audubon Ave. & Kennedy Blvd.	Delmar & Sycamore Roads	Stevens Ave. & Martin Luther
		King Drive
Terrace Park	Roberto Clemente Park –	
Terrace Avenue & Thorne Street	Enos Jones	Hamilton Park
	8th Street & Brunswick Street	McWilliams Place
Arlington Park		
Arlington Ave. & Minerva Street	Virginia Avenue Park	Columbia Park
	Virginia Ave. & Bergen Ave.	Bartholdi Ave. & Kennedy Blvd.
	Rev. Ercel Webb/Lafayette Park	Dr. Lena Edwards Park
	Lafayette St. & Van Horne St.	Johnston Avenue & Pine Street

During the heat wave and throughout the summer the following municipal pool sites and schedules are as followed:

• **Pershing Field Pool**, 201 Central Avenue Hours: Monday – Friday, 7AM – 8PM; and **Saturday – Sunday 12Noon – 6PM** **Entrance Fee/Membership Required per admittance

Lafayette Pool & Aquatic Center
 Rev. Ercel Webb/Lafayette Park, Johnston Ave. & Van Horne St.
 Hours: Monday – Friday, 7AM – 8PM; and Saturday – Sunday 10AM – 7PM
 Lap swim Mon. – Fri., 7AM-9AM

Pavonia Pool, West Side and Pavonia avenues
 Hours: Monday – Thursday 8AM – 6PM;
 Adult, lap swim: 8AM - 10AM; Open Swim: 10AM - 6PM
 Friday, 12PM - 8PM (open swim), Saturday & Sunday, 10AM - 7PM (open swim)

There are also six **pools located at Jersey City Public Schools** that are available for residents to use during the summer months and also during excessive heat. The hours for the pools are listed below:

P.S. # 6 , 100 St. Paul's Ave.	P.S. # 40 , 88 Gates Avenue	
Mon. – Fri., 10am - 4pm	Mon. – Fri., 10am-8pm	
_	Sat. and Sun., 12pm-4pm	
P.S. # 16 , 96 Sussex St.		
Mon. – Fri., 10am - 4pm	P.S. # 41 , 59 Wilkinson Ave.	
_	Mon. – Fri., 10am-8pm	
P.S. # 23, 143 Romaine Ave.	Sat. and Sun., 12pm-4pm	
Mon. – Fri., 10am - 4pm		
_	Ferris HS, 35 Colgate St.	
P.S. # 27, 201 North St.	Mon. – Fri., 10am-8pm	
Mon. – Fri., 10am - 4pm	Sat. and Sun., 12pm-4pm	
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Monday through Friday from 9 AM – 4:30 PM, the following centers are available to senior citizens:

- The Joseph Connors Senior Center (Paterson Street Center) 28 Paterson St. off of Central Avenue
- The Maureen Collier Community Center
 335 Bergen Avenue between Ege and Virginia Aves.

There are also two community centers open to the public:

• Mary McLeod Bethune Community Center, 140 Martin Luther King Dr. Hours: 9 AM TO 5 PM

• Pershing Field Community Center, Pershing Field Complex

Corner of Summit Ave. and Pershing Field Plaza Hours: Monday through Friday, 9 AM TO 5 PM,

During this Heat Wave, **United Water** is urging residents that effective today customers should voluntarily cut back on their use of water. All users are urged to curtail watering of lawns and if they must do so to restrict watering between the hours of 7:00 p.m. - 10:00 p.m. At the present time, this is a voluntary restriction that may become mandatory as the heat spell continues.

The Jersey City Office of Emergency Management (OEM) has issued the following tips for staying cool during this heat wave:

- Remain indoors (preferably in air conditioned space) as much as possible
- Wear lightweight, light colored and loose fitting clothing
- Keep hydrated by consuming plenty of water and natural juices and avoid beverages with alcohol and caffeine which increase dehydration

- Eat light meals
- Refrain from strenuous activities
- Recognize the symptoms of heat disorders

To protect others from heat exhaustion, residents are urged to check on elderly neighbors and those with disabilities. Apply sunscreen with a high SPF content to small children to avoid overexposure to the sun. Never leave children or pets in closed vehicles where temperatures could exceed 190 degrees in less than ten minutes, and provide shade and cool water to pets.

All media inquiries should be directed to Jennifer Morrill, Press Secretary to Mayor Jerramiah T. Healy at 201-547-4836 or 201-376-0699. ///